

## **Soulmates by Gary Bate**

You are not alone in your Spiritual journey. What you know, your Soulmate knows and vice versa.

When you descended from the UV realm into the visible Light realm, your energy split into polarities. Your polar opposite is at exactly the same level of consciousness as you are now. They and you are now aware that you are helping each other. They might even be on a different planet.

So you are both, consciously or unconsciously, filling the same shopping bag with wisdom...

Please don't fantasise about them because it would be like having a relationship with yourself!

So what can you do to help them and what can they do to help you? Increase your understanding...

We are not these bodies; we are that which animates them. That's a massive shift in consciousness.

Living for the body is dying because of that. A preoccupation with anything is the best example.

Many people are preoccupied with food and drink.

Many people are preoccupied with sex.

Many people are preoccupied with money and power.

Many people are preoccupied with their emotions.

All of these preoccupations are people who live for their bodies.

The Human path is an unconscious agreement with mind conditioning, which leads to death. It is celebrating birthdays (birth of bodies) and giving last respects at funerals for living this way.

If you are close to me you will be reading this. If you are not close to me I hope my words resonate with your Soul. If you live for your body you are creating one outcome for yourself, which is death.

The Spiritual path is living for what animates the body. It is diagrammatically opposed to the Human path, which is living for the body.

I can no longer celebrate my own birthday because that is a lie. I was born a very long time ago – at the same time that you were born. As for last respects, there has to be something to respect.

A masterful being is celibate because they understand the truth. That doesn't mean to say that they cannot share love with others. After all, love is love and sex is sex – please don't confuse the two.

You can live an emotional, family and sexual life and that is normal, but you will not evolve your Soul if you live this way. The alternate path is living the truth and that is paranormal.

Do read my linked article about reincarnation, because your understanding of it will hopefully lead you to the conclusion that the alternate path is the best option.

If you cannot love yourself enough to do this then do it for your beautiful Soulmate ~ Gary.

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